



# **Beaumont ISD**

Preparing Our Next Generation

## **2020 FALL ATHLETICS COVID-19**

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## SUMMARY

Beaumont ISD Athletics welcomes its student athletes back to participate in strength and conditioning and athletics this fall. In doing so, the health and safety of our students is the District's number one priority and we have developed this guidance as a tool to educate staff, students, and parents regarding the safety measures BISS is implementing. This plan is based on guidance from the Texas Education Agency ("TEA") and the University Interscholastic League ("UIL"). BISS Athletics will continue to work closely with state and local officials in order to ensure adequate protocols are in place to facilitate a safe environment for all participants. The policies outlined in this guidance are designed to minimize risk for all students and staff and all participants are required to be familiar with the procedures and comply fully.

### Key Principles:

- Hygiene: hand washing will be encouraged before, during, and after team activities.
- Cleaning and sanitation: routine and enhanced cleaning and sanitation measures will be implemented.
- Safe access to facilities: facility entry and exit points will be coordinated to minimize personal interaction and facilitate social distancing.

## SANITATION

- A. Athletic facilities and equipment will be disinfected and sanitized per the District's Re-Entry Plan, before, during, and after all athletic activities, and at the end of each day.
- B. Should a positive case of COVID-19 be reported, the specific facility in which the individual was present will undergo additional cleaning in accordance with the District's Re-Entry plan.
- C. Hand sanitizer will be available throughout all facilities.

## STUDENT ATHLETE REQUIREMENTS

- A. All students must have a physical on file and the following RankOne forms must be completed prior to participation in all fall athletics, band, cheerleading and drill team: Medical, History, UIL, and Emergency Card.  
(<https://beaumontisd.rankonesport.com/New/NewFormList.aspx>).
- B. In accordance with the District's Re-Entry Plan, parents must ensure they do not send student athletes to school or practice if the child has a fever of 100 or higher, COVID-19 symptoms or is test-confirmed with COVID-19. Parents will be responsible for screening student athlete symptoms as TEA does not recommend regularly performing a forehead temperature check of otherwise healthy students. If a student athlete begins to exhibit symptoms at practice, the student will be isolated from other students until the student's parent or guardian can pick the child up from practice. Student athletes will not be permitted to return to school until the student meets the re-entry criteria located in the "Individuals Confirmed or Suspected with COVID-19" section of these guidelines..
- C. Athletes will park or be dropped off at their group's predesignated areas and must have a face covering. Face coverings are required to be worn at all times when not actively participating.
- D. While practicing, athletes must maintain appropriate social distancing.
  - a. **6 Ft. Rule** – Athletes are recommended to maintain 6 feet of space between each other. This includes lift groups, run groups, and common areas.
  - b. **10 Ft. Rule** – Athletes are recommended to maintain 10 feet of space between each other when actively exercising, when possible.
- E. Athletes will be expected to limit physical contact with others. Athletes will not be allowed to shake hands, hug, fist-bump or high five.

**F.** Athletes will use hand sanitizer before entering the facility, during workouts, and when

exiting the facility.

- G. Athletes will be required to sanitize hands after exiting. Trash cans will be placed near doors to encourage students to open the door with the paper towel used to dry hands.
- H. Students will be required to bring their own individual labeled water bottles. Athletes are prohibited from sharing water bottles or food.
- I. Locker rooms will be open. Athletes will be required to maintain social distancing and wear a face mask when in the locker room. Helmets, pads and sport specific equipment will be allowed to stay in the locker, all personal belongings need to go home every night.
- J. Spotting will be allowed. However, it is recommended that the spotter wear a face mask.
- K. Students will be required to spray and wipe down equipment after use.
- L. Students and coaches must adhere to UIL's constitution and rules.

## **BISD STAFF REQUIREMENTS**

- A. In accordance with the District's Re-Entry plan, Employees must self-screen for COVID-19 symptoms before coming onto campus each day, including taking their own temperature. If an employee exhibits symptoms or tests positive for COVID-19, the employee must remain off campus and immediately notify his or her supervisor. Employees must also report if they have come in close contact with an individual who is test-confirmed with COVID-19. Employees will not be permitted to return to a BISD facility until the employee meets the District's re-entry criteria.
- B. Staff will be required to wear a face covering.
- C. Staff will maintain social distancing at all times, when possible.
- D. Staff will use hand sanitizer before entering the facility, during workouts, and when exiting the facility.
- E. Staff will be required to bring their own labeled water bottles.

## **ENTRY PROCEDURES DURING VIRTUAL TRANSITION**

- A. All students are required to enter indoor facilities via the entrance predetermined for your school. Parking will be predetermined for each group to minimize interactions when student athletes are arriving and departing. Students and staff are required to wear a face covering when not actively participating. This is the **ONLY** permissible entry for employees/students. All other entry points will be inaccessible.
- B. Athletes will socially distance while waiting to enter the facility.
- C. A hand sanitizing station will be set up outside the facility entrance where all students and coaches will be required to sanitize their hands prior to entry.

## **PRACTICE REGULATIONS**

- A. Students and staff must maintain at least six feet of distance from all sides when not actively exercising.
- B. Any equipment, such as sports balls, will be regularly disinfected between/during workout sessions.

## **EXIT PROCEDURES**

- A. Students must exit through the predetermined route, while maintaining social distancing and face coverings must be worn.
- B. Students must sanitize their hands when they exit the facility.
- C. Parents **must** stay in their cars during the pick-up process.
- D. Coaches will monitor social distancing guidelines until students in their groups leave campus.

# COVID-19 SYMPTOMS, TESTING & MANAGEMENT

## Individuals Confirmed or Suspected with COVID-19

- A. Any individuals who themselves either (a) are test-confirmed to have COVID-19; or (b) experience the symptoms of COVID-19 (listed below) must stay at home throughout the infection period, and cannot return to campus until the school system screens the individual to determine any of the conditions for campus re-entry have been met:
- B. In the case of an individual who was diagnosed with COVID-19, the individual may return to school when all three of the following criteria are met:
  - a. at least one day (24 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications);
  - b. the individual has improved in symptoms (e.g., cough, shortness of breath); and
  - c. at least ten days have passed since symptoms first appeared.
- C. In the case of an individual who has symptoms that could be COVID-19 and who is not evaluated by a medical professional or tested for COVID-19, such individual is assumed to have COVID-19, and the individual may not return to the campus until the individual has completed the same three-steps of criteria listed above.
- D. If the individual has symptoms that could be COVID-19 and wants to return to school before completing the above stay at home period, the individual must either (a) obtain a medical professional's note clearing the individual for return based on an alternative diagnosis or (b) obtain an acute infection test (at a physician's office, approved testing location, or other site) that is negative for COVID-19.
- E. In addition to the criteria and processes described above, a student who has been diagnosed with COVID-19 must receive clearance from a physician prior to returning to participation in UIL activities.

## Identifying Possible COVID-19 Cases on Campus

- A. Schools must immediately separate any student who shows COVID-19 symptoms while at school until the student can be picked up by a parent or guardian.
- B. Schools should clean the areas used by the individual who shows COVID-19 symptoms while at school (student, teacher, or staff) as soon as is feasible.
- C. Students who report feeling feverish should be given an immediate temperature check to determine if they are symptomatic for COVID-19.

## Close Contact

- A. This document refers to "close contact" with an individual who is test-confirmed to have COVID-19. The definition of close contact is evolving with our understanding of COVID-19, and individual scenarios will be evaluated by the Beaumont Health Department, who will determine close contact.

## **Required Actions if Individual with Test-confirmed cases have been in a school or in a area where UIL activities are being conducted**

- A.** If an individual who has been in areas where UIL activities have been conducted is test-confirmed to have COVID-19, the school must notify its local health department, in accordance with applicable federal, state and local laws and regulations, including confidentiality requirements of the American with Disabilities (ADA) and Family Educational Rights and Privacy Act (FERPA)
- B.** Schools must close off areas that are heavily used by the individual with the test-confirmed case (student, teacher, or staff) until the non-porous surfaces in those areas can be disinfected, unless more than 7 days have already passed since that person was on campus.
- C.** Consistent with school notifications requirements for other communicable diseases, and consistent with legal confidentiality requirements, schools must notify all teachers, staff, and families of all students in a school if a test-confirmed COVID-19 case is identified among students, teachers or staff who participate in any UIL activities. If the person who is test-confirmed to have COVID-19 participated in a contest against another school(s), the school must notify other school(s) and sports/contest officials involved in the contest.
- D.** Upon receipt of information that any teacher, staff member, student or visitor at school, is test confirmed to have COVID-19, the school must submit a report to the Texas Department of State Health Services via an online form. The report must be submitted each Monday for the prior seven days (Monday – Sunday).

## **PREPARING FACILITIES**

- A.** Sanitation supplies will be delivered, installed, and placed in predetermined places.
- B.** Trash cans will be delivered and placed strategically for paper towels used at weight racks.
- C.** Social distancing signs, restroom signs, and hand washing signs will be made and hung throughout the facility.
- D.** Sidewalks will be marked for social distancing spots during arrival and pickup.
- E.** Social distancing markings will be installed on each weight rack and throughout the facility.
- F.** Hand sanitizing stations will be set up at the facility entrance and throughout the facility for use.

## **LIGHTNING POLICY**

- A.** In case of lightning during practice all outside athletics will seek shelter in appropriate areas that social distancing can be regulated.
- B.** In case of lightning during a game at Memorial Stadium, the teams will be moved inside the field house/natorium and social distancing will be regulated. An announcement will be made instructing the fans to seek shelter in their vehicles. No fans will be allowed to shelter under the stands.

## District Athletic Training Room Policies and Procedures

- A. Everyone must wear a face covering in the athletic training facilities at all times.
- B. Athletes must use hand sanitizer or wash their hands upon entry to the athletic training room and when going between areas of the athletic training room.
- C. Athletic Trainers will utilize hand sanitizer between each athlete contact.
- D. All treatments and modality use will be done at the athletic training staff's discretion.
- E. Electrical Stimulation Pads will not be shared between athletes. Athletes who routinely desire e-stim should provide their own e-stim pads.
- F. Ice bags will be made for acute injuries by the Athletic Trainer while gloved and wearing a face covering.
- G. Ice baths will only be utilized for emergencies and will not be shared between athletes.
- H. Athletic Trainers will wear gloves during all athlete contact unless gloves prevent proper care.
- I. Anyone handling, filling, or cleaning water containers will wear gloves and a face covering.
- J. Anyone handling ice or water will wear gloves and a mask.
- K. All treatment and rehab equipment will be cleaned between each athlete.
- L. All coolers and ice chests will be cleaned after each use and ice scoops will be cleaned daily
- M. Ice scoop must be used at all times and no students may have access for personal containers.
- N. Athletes will be limited to 10-15 minutes in the Athletic Training Room ("ATR") depending on availability.
- O. Visiting teams will provide their own cooler with ice. District Athletic Trainers will fill with water while wearing a face covering and gloves.

## Beaumont United Athletic Training Policies and Procedures

### Fieldhouse Athletic Training Room

- A. Athletic Training Room ("ATR") capacity is 12 people including the Athletic Trainers.
- B. Some rehabilitations and treatments may be completed outside the ATR as space dictates.
- C. The isolation room will be moved to the garage.
- D. Athletes will enter/exit the ATR while maintaining social distancing rules.
- E. No one other than the staff Athletic Trainers will be allowed in the ATR office.

### Main Gym Athletic Training Room

- A. Athletic Training Room capacity is 4 people including the Athletic Trainer
- B. Rehabilitations and some treatments will be conducted in the hallway.
- C. Hallway capacity will be limited to 6 athletes in the area between the nearest gym entrance door and the door to the band hallway.
- D. Visiting athletes will be taped and evaluated in the hallway at the Athletic Trainer's discretion.
- E. The Main Gym weight room will be utilized as the isolation room for indoor sports.
- F. Athletes will enter/exit the Gym ATR while maintaining social distancing.

# West Brook Athletic Training Policies and Procedures

## Field House ATR

- A. Enter/Exit through weight room door.
- B. No more than 15 people in ATR at a time.
- C. Some rehabilitations will be completed outside the ATR as space dictates.
- D. Rehab equipment will be cleaned after each use.
- E. Ankle taping will be done in the ATR. All other tape jobs will be done in the weight room.

## Gym ATR

- A. No more than 10 athletes in the ATR.
- B. Some rehab will be done in the foyer.
- C. Rehab equipment will be cleaned after each use.
- D. The Main unused concession stand will be utilized as the isolation room for indoor sports.

# Memorial Stadium Policies and Procedures

- A. The stadium capacity will be at 50%.
- B. The bus parking areas will be used for meeting areas pre-game and at half time.
- C. Coaches will dress in the Natatorium locker rooms instead of the coaches area in the stadium locker rooms.
  - a. Visiting Coaches will dress in the women's locker room.
  - b. Home Coaches will dress in the men's locker room.
- D. Home team overflow during lightning delays will be in the lobby of the Natatorium and the blue bleachers in the natatorium.
- E. Visiting team overflow will be the garage and concrete bleachers in the Natatorium.
- F. The Athletic Training Rooms in the locker rooms will be limited to 4 people at a time.
- G. Everyone will wear a mask in the locker room and will social distance as possible.
- H. Coaches will wear face coverings at all times.
- I. Everyone on the sideline not actively participating in the game will wear a face covering.
- J. Sideline passes must be worn at all times.
- K. Press will be required to have a visible sideline pass, must wear a face covering, and must maintain a distance of at least 6 feet from students and staff .
- L. Press will be required to conduct interviews while socially distanced and wearing a face cover.
- M. All teams will bring their own ice and coolers for both hydration and injury ice. Water hoses will be provided on the sideline to use to fill coolers. The person filling the coolers must wear gloves and a face covering.
- N. Officials will have a cooler with labeled bottles of water that will be kept on a cart near the field house. Water will be delivered during timeouts by someone designated by the Athletic Director.
- O. Sideline social distancing must be maintained when possible.
- P. Ball boys will sanitize the footballs between returning them to play.
- Q. Bands and dance teams will be placed in an area where they can be socially distanced.
- R. Extraneous student groups will be kept to the end zone areas away from the sideline and players.
- S. Those in the press box will be required to wear a face covering and social distance.
- T. Locker rooms, benches, meeting area and press box will be sanitized before and after each game.
- U. Gatherings in the meeting room will be limited to essential meetings and face coverings



and social distancing will be enforced.