

# WEST BROOK H.S. PHYSICAL EDUCATION SYLLABUS

## OBJECTIVE:

Students will engage in a variety of activities with numerous opportunities to be successful in physical education. The goal is to increase student's activity level and develop knowledge about competitive and non-competitive sports. Instruction on each of the units will involve basic skills and rules of the game where applicable. Written tests and skills test will be given for each unit.

## GRADING SCALE:

- Participation/Dress out 60%
- Skills/Written Test 40%

## DRESS:

All students are expected to dress out **EVERYDAY** for PE unless instructed otherwise by the teacher. Any student refusing to dress out in proper attire for class will be considered as refusing to comply with a reasonable request and will have disciplinary action to follow.

### Acceptable Dress Attire

- Top: full length white, blue, red, or black shirt
- Bottoms: black shorts and/or black sweat pants
- Shoes: athletic shoes

### Non-Acceptable Dress Attire

- No tank tops/muscle shirt
- No spaghetti straps
- No jeans
- No spandex
- No heels, boots, or platform shoes

All PE clothing must be in accordance with school dress code policies.

## PATICIPATION:

Students will be awarded points each day for full participation. Participation points are a major part of the total grade. Participation points cannot be earned or made up for unexcused absences.

- -20pt= not fully dressed out
- -20pt= not participating
- -10pts= not in roll call assigned area

## SAC/DAEP ASSIGNMENTS:

If a student is assigned to SAC/DAEP, they will be required to do a written assignment for each day they are in SAC/DAEP. The written assignments are considered their daily grade; students will receive a **(ZERO)** for written assignments that are not completed and turned in.

### **ATTEDANCE/ILLNESS:**

- If a student is present, then they are expected to dress out and participate in class.
- A parental note with a parent contact number will excuse your child for **1 day**.
- A doctor's note will be required if the student is out for more than **3 consecutive days** and must be filed through the nurses office.
- Students are expected to dress out even when a note has been presented to the teacher and/or nurse.

### **TARDINESS:**

School handbook policies apply and are enforced in this class.

- To be considered "**on time**" to class students must be inside the main doors of the girls gym when the bell rings.
- Students receive points off if they are more than 2 minutes late to their roll call position.
- At the close of class all girls must stay inside the girls' gym (not standing in the door) until the dismissal bell.

### **LOCKERS/LOCKS:**

If a student accepts a school lock the lock must be returned at the end of the semester. A \$5 charge will be assessed to those not returning their assigned lock. A student **MAY NOT** bring their own lock. In the event of an emergency or an inappropriately placed lock, bolt cutters may be used to remove the lock.

- Locks will be assigned. Students are responsible for the lock and must be returned at the end of the semester.
- All personal items [EX: Purses, books, cell phones, etc] must remain in the dressing area during class. All valuables must be locked in **your locker**. Teachers are **NOT** responsible for items that were left out unlocked, or if you give out your combination and they are stolen.

### **RULES FOR GYM/LOCKERROOM:**

1. Don't be tardy to class
2. No horse playing or fighting
3. Follow direction and be prepared for class
4. Respect all people and equipment in class
5. No bullying, teasing, or harassing other students
6. No vulgar language
7. No heels, boots, or hard metal shoes allowed on gym floors
8. No gum, food, or drinks allowed into the gyms before or after class (**food will be thrown away**)

### **CONSEQUENCES:**

- 1<sup>st</sup> time: Verbal Warning
- 2<sup>nd</sup> time: Student/Teacher Conference
- 3<sup>rd</sup> time: Parent/Teacher Conference
- 4<sup>th</sup> time: Office Referral



## GIRLS PHYSICAL EDUCATION ACKNOWLEDGEMENT 2019-2020

**TEACHER:** LOCKE | WILLIAMS  
(CIRCLE ONE)

**PERIOD:** 1 | 2 | 3  
(CIRCLE ONE)

### SUPPLIES LIST: (REQUIRED FOR THE CLASS)

- 1 Composition notebook (100 Sheets)
- White/Red/Blue/Black T-Shirt
- Black shorts and/or sweatpants
- Athletic shoes

I have read and understand the guidelines and expectations for the girl's physical education class at West Brook High School.

Student Name: (PRINT) \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Name: (PRINT) \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian email: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Please list any of your child's conditions and/or physical disabilities that the PE teacher should be aware of:

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