

Local Wellness Policy Triennial Assessment - 2022

Schools participating in the National School Lunch Program and/or School Breakfast Program are required to have a Local Wellness Policy. At a minimum, the Local Wellness Policy and Plan must be assessed once every three years; this is referred to as the Triennial Assessment.

District Name: Beaumont Independent School District

School Name: District Wide Assessment

Date Completed: June 6, 2022

Completed By: Tiffany Eckenrod

PART I: CONTENT TOPICS ADDRESSED

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) guidance. Each topic included in the Local Wellness Policy is assessed for meeting, partially meeting, or not meeting set standards for our organization. For topics that do not meet quality standards, designated steps are added to the item(s) to ensure policy compliance in the future. For more information, see Beaumont ISD Wellness Plan.

- Goals for Nutrition Promotion
- Nutrition Standards for School Meals
- Goals for Nutrition Education
- Nutrition Standards for Competitive Foods
- Public Involvement
- Goals for Physical Activity
- Food & Beverage Marketing
- Goals for Other School-Based
- Wellness Leadership

Wellness Activities

Part II: GOALS FOR NUTRITION PROMOTION

GOALS	MEETING	PARTIALLY MEETING	NOT MEETING	NEXT STEPS (IF APPLICABLE)
NUTRITION PROMOTION				
THE DISTRICT'S STAFF PERSONNEL SHALL CONSISTENTLY PROMOTE HEALTHY NUTRITION MESSAGES IN CAFETERIAS, CLASSROOMS, & OTHER SETTINGS		X		Support Child Nutrition monthly promotions to include but not limited to, social media and audio/visual displays, and highlight healthy nutrition messages at a minimum of once per month.
THE DISTRICT SHALL SHARE EDUCATIONAL NUTRITION INFORMATION WITH FAMILIES AND THE GENERAL PUBLIC TO PROMOTE HEALTHY NUTRITION CHOICES & LIFESTYLE		X		Include health nutritional tips in District-wide messages to community members through events such as Open House, Wellness Activities/Events and other events that bring in parents and community. Campuses will share cafeteria menus and other information on social media and newsletters.
THE DISTRICT SHALL ENSURE THAT FOOD AND BEVERAGE ADVERTISEMENTS ACCESSIBLE TO STUDENTS OUTSIDE OF SCHOOL HOURS ON DISTRICT PROPERTY CONTAIN ONLY PRODUCTS THAT MEET THE FEDERAL GUIDELINES FOR COMPETITIVE FOODS.		X		Present information to District and Campus Administrators annually and monitor.

GOALS	MEETING	PARTIALLY MEETING	NOT MEETING	NEXT STEPS (IF APPLICABLE)
NUTRITION EDUCATION				
THE DISTRICT SHALL DELIVER NUTRITION EDUCATION THAT FOSTERS THE ADOPTION AND MAINTENANCE OF HEALTHY EATING BEHAVIOR	X			Select age appropriate lessons and present to students. (i.e. Classroom lecture and wellness events)
THE DISTRICT SHALL MAKE NUTRITION EDUCATION A DISTRICT-WIDE PRIORITY AND SHALL INTEGRATE NUTRITION EDUCATION INTO OTHER AREAS OF THE CURRICULUM, AS APPROPRIATE.		X		Provide age appropriate education to students in various areas and report back to SHAC
THE DISTRICT SHALL PROVIDE PROFESSIONAL DEVELOPMENT SO THAT TEACHERS AND OTHER STAFF RESPONSIBLE FOR THE NUTRITION EDUCATION PROGRAM ARE ADEQUATELY PREPARED FOR INSTRUCTION.		X		Encourage campuses to incorporate nutrition training into back to school staff training and professional development days.

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PHYSICAL ACTIVITY				
THE DISTRICT SHALL PROVIDE AN ENVIRONMENT THAT FOSTERS SAFE, ENJOYABLE, AND DEVELOPMENTALLY APPROPRIATE FITNESS ACTIVITIES FOR ALL STUDENTS, INCLUDING THOSE NOT PARTICIPATING IN PHYSICAL EDUCATION CLASSES OR COMPETITIVE SPORTS		X		Notify campus Administrators, staff and parents of District's policy for using physical activity and withholding physical activity and withholding physical education class as punishment, in the student handbook.
THE DISTRICT SHALL PROVIDE APPROPRIATE STAFF DEVELOPMENT AND ENCOURAGE TEACHERS TO INTEGRATE PHYSICAL ACTIVITY INTO THE ACADEMIC CURRICULUM WHEN APPROPRIATE	X			
THE DISTRICT SHALL MAKE APPROPRIATE AFTER-SCHOOL PHYSICAL ACTIVITY PROGRAMS AVAILABLE AND SHALL ENCOURAGE STUDENTS TO PARTICIPATE	X			Campus Administrators and Staff may offer opportunities for students to participate in physical activity on campus and after school.
THE DISTRICT SHALL MAKE APPROPRIATE TRAINING AND OTHER ACTIVITIES AVAILABLE TO DISTRICT EMPLOYEES IN ORDER TO PROMOTE ENJOYABLE, LIFELONG PHYSICAL ACTIVITY FOR DISTRICT EMPLOYEES AND STUDENTS	X			
THE DISTRICT SHALL ENCOURAGE PARENTS TO SUPPORT THEIR CHILDREN'S PARTICIPATION, TO BE ACTIVE ROLE MODELS, AND TO INCLUDE PHYSICAL ACTIVITY IN FAMILY EVENTS	X			The District shall encourage parents to support their children's participation, to be active role models, and to include physical activity in family events.

GOALS	MEETING	PARTIALLY MEETING	NOT MEETING	NEXT STEPS (IF APPLICABLE)
OTHER SCHOOL-BASED WELLNESS ACTIVITIES				
THE DISTRICT SHALL ALLOW SUFFICIENT TIME FOR STUDENTS TO EAT MEALS IN CAFETERIA FACILITIES THAT ARE CLEAN, SAFE AND COMFORTABLE	X			
THE DISTRICT SHALL PROMOTE WELLNESS FOR STUDENTS AND THEIR FAMILIES AT SUITABLE DISTRICT AND CAMPUS ACTIVITIES	X			

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NUTRITION GUIDELINES				
FOOD AND BEVERAGES SOLD		X		Items that are sold to students during the School Day, must be Smart Snack compliant, unless the day has been identified as an exempt day. Provide guidelines to campus administrators and run foods/beverages through the Smart Snack Calculator and keep on file in the CN Admin office.
EXCEPTIONS FOR FUNDRAISERS		X		Communicate to Campus Administrators a deadline each school year requesting their exempt days for fundraisers. Provide examples of alternatives for fundraisers to Campus Administrators for items that are non food/drink related.
MEASURING COMPLIANCE WITH NUTRITION GUIDELINES	X			
FOOD & BEVERAGE MARKETING		X		All marketing on school property must be Smart Snack compliant. Communicate guidelines to District and Campus Administration and bring awareness to non-compliance.

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- 1. What strengths does your current Local Wellness Policy possess?**
 - a. Physical Activity is integrated throughout the day with the students**
 - b. Provide menu information with the public, parents, students and stakeholders**
 - c. Compliance with the NSLP and SBP nutrition standards**

- 2. What improvements could be made to your Local Wellness Policy?**
 - a. Advertisement and promotion of nutrition foods and beverages on school grounds**
 - b. Competitive foods and beverages must align with Smart Snack standards**
 - c. Prohibit staff from withholding physical activity as a punishment.**

- 3. List any next steps that can be taken to make the changes discussed above.**
 - a. Investigate different avenues to advocate the importance of nutrition education for all students**
 - b. Provide an in depth look at the District Local Wellness Plan to our Campus Administrators and District Leadership.**

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