



Health Services Department

4315 Concord Rd. – Beaumont, TX 77703 - 409/617-5223

Information for Parents

In order to ensure a safe and healthy atmosphere for your child in school, the following rules should be observed:

Students with FEVER MUST STAY HOME (elevated temperature 100.0 F or above.) They may not return to school until temperature remains 98.6 F or less for 24 hours (without fever-reducing medicine such as ibuprofen or acetaminophen.)

Children with the following symptoms should remain at home for observation and /or treatment:

- A. Discharge from nose or eyes
- B. Cough or sore throat
- C. Earache or toothache
- D. Rashes or infected sores
- E. Nausea, vomiting, diarrhea
- F. Parasites or bugs

Remember that cold symptoms can be a forerunner of communicable diseases.

1. At the beginning of each school year, it is the responsibility of the parent/guardian to notify teachers, principal and school nurse of serious conditions such as asthma, diabetes, heart disease, allergic reactions, seizures, etc. that may flare up during school hours. (Should your child have any condition that may require medication at school, please see the school nurse so that you receive the Request for Administration of Medication Form to have the physician complete, in addition to parent's signature).
2. Parents/guardians of students with asthma are strongly encouraged to provide any rescue medications (prescribed by a physician) for use during the school day. Failure to have these medicines readily available will increase the risk of an emergency medical situation and EMS may be called.
3. BISD has a strict policy regarding medication during school hours. Most medicines that are given 3 or fewer times per day can be given at home. Absolutely no medication is to be at school unless arrangements have been made with the school nurse.

All over-the-counter medication must be in the original bottle and kept in the nurse's office. Exceptions may be inhalants for asthma, if physician allows. Special form may be obtained from the nurse for physician and parents to complete.

4. It is imperative that parents/guardians keep up to date phone numbers on file in the nurse's office.

For Your Information: The Health Department requires that students with childhood disease remain out of school as follows:

Scarlet Fever	After 24 hours from antibiotic treatment begun and clear of fever for 24 hours {without fever reducing medication}
Rubella/Measles	5 days from appearance of rash or free of fever for 24 hours above or written release from physician
Mumps	9 days from onset of swelling or clear of swelling or written release from physician
Chickenpox	When blisters have crusted over (1 week)
Diphtheria	Must have written release from physician
Mononucleosis	Same as Diphtheria
Hepatitis	After 1 week from onset of illness and physician release
Fifth Disease	Must be free of fever and rash for 24 hours (see fever guidelines)
Conjunctivitis (Pink eye)	Written Release from physician
Scabies	Exclude until no open lesions can be observed; written release from physician

ALL STUDENTS RETURNING from any of the above illnesses must check with the nurse upon return to school.

Health Services, with the assistance of the Physical Education Department of BISD, provide the following screenings as part of our continuing "HEALTH AWARENESS" program to assist parents and students:

- Scoliosis Screening: 5th and 8th grades and new students to the district
- Vision Screening: Prekindergarten, Kindergarten, 1st, 3rd, 5th and 7th grades and new students to district
- Hearing Screening: Same

Basic Physicals- Prekindergarten and Kindergarten {If your child has a physician and has had a physical within the last year, please fill in the spot on the HIPAA form}.